

Riverfront Dancesport Festival 2019

American Style Smooth Compulsory Scholarship Entry Form (ALL AGES)

Sponsored by Hip Lift Technique

Studio: _____ Phone: _____

E-Mail: _____

Male: _____ NDCA#: _____ Pro or Am (please circle)

Female: _____ NDCA#: _____ Pro or Am (please circle)

____ Newcomer (FT,T,W)

____ Bronze (FT,T,W)

____ Silver (FT,T,W)

American Style Rhythm Compulsory - Rules

1. 90% of your score based on dance technique and 10% on styling.
2. We are not allowing anyone to dance in two consecutive levels.
3. All dance competitors in a competition perform the same standard steps, technique, and holds to music of a specified tempo.
4. No steps can be used other than the ones listed below in Step List.
5. You may dance any of the steps listed below (not all have to be used) and in any order.
6. No fakes are allowed for the man or lady.
7. You may use steps more than once in your sequence.
8. You will be placed last for not following these rules.

American Style Smooth Compulsory - Step List

Foxtrot

1. Forward Basic
2. Back Basic
3. Quarter Turns
4. Promenade
5. Simple Twinkle
6. Progressive Twinkle
7. Swing Step

Tango

1. Closed Basic
2. Promenade Basic
3. Simple Corte
4. Rock with Fan
5. Open Promenade to Fan

Waltz

1. Reverse Turn
2. Change step
3. Natural Turn
4. Twinkle
5. Forward and Back Hesitation
6. Twinkle with Chasse

Please review Rules/Policies page at the web site prior to submitting your entry forms. Also, please submit Waiver/Release form along with this form. Competition entry deadline is Dec. 31, 2018.